



Dr. Angela Patterson

Head of Content

SUGGESTED INTRODUCTION

Dr. Angela Patterson is a media psychologist, writer, and communicator who currently serves as the head of content at Springtide Research Institute®. In her role, Angela aligns research, content creation, community engagement, marketing and PR efforts to amplify Springtide’s mission, ever-growing base of knowledge, and wide array of services.

Angela also teaches organizational behavior and culture in the master’s program for Organization Development and Leadership at Fielding Graduate University. Angela earned a doctorate in media psychology from Fielding, where she studied how media and technology affect cultural institutions. Specifically, her research focused on how digital media affect the religious and spiritual development of adolescents and young adults. Angela also holds a master’s degree in journalism from Indiana University Bloomington and a bachelor’s degree in journalism from the University of Southern Mississippi. Angela lives in downtown Dallas, Texas, and is a proud plant mom of two. Find her on Instagram at @drangelapatterson.