



# The State of Religion & Young People 2023

## Topline Survey Results

### CONTENTS

Methodology.....	1
Survey Introduction .....	2
Survey Questions .....	2
Demographics .....	2
Springtide Core .....	8
Experiencing Sacred Moments .....	25
Perceiving Sacredness in Life .....	29
Outcomes & Covariates .....	39
Virtual Community.....	42

### METHODOLOGY

Springtide Research Institute surveyed a sample of **4,546 young people between the ages of 13 and 25.**

The data were collected in October 2022 by Alchemer, who sent invitations randomly to a subsample of their 2 to 3 million U.S. respondents between the ages of 13 and 25. Respondents were disqualified from the study if they were not 13-25 years old or if they responded incorrectly to an attention check question.

The sample was balanced to census splits for age, gender, region, and ethnicity/race. While our sample is nationally representative along these metrics, it is unclear how representative the sample is across metrics of religion. Survey data are therefore best understood as tracking broad patterns rather than providing precise point estimates.

**The margin of error for the full sample is +/- 2%.**

## SURVEY INTRODUCTION

We want to find out about your own spiritual or religious experiences, including what is sacred in your life.

By "sacred," we mean those things, places, or moments that feel special and set apart from others -- experiences that evoked a sense of wonder, awe, gratitude, deep truth, and/or interconnectedness in your life.

Many questions in this survey use the word "God." If this word is not comfortable or accurate for you, please substitute another word that calls to mind the divine or holy for you. If you do not believe in God, please feel free to select "Not at all" or "Not applicable (N/A)," as necessary.

## SURVEY QUESTIONS

This section includes variables names, survey questions and response options as presented to respondents, and percentages of respondents who selected each response. Percentages are rounded to the nearest whole number and may not add to exactly 100%. For the purposes of analysis and reporting in the *State of Religion & Young People 2023*, some of these variables were recoded into more succinct categories.

### *Demographics*

R\_AGE: What is your age?

Response	Percentage
13	3%
14	5%
15	6%
16	12%
17	12%
18	8%
19	6%
20	8%
21	9%
22	10%
23	8%
24	7%
25	8%

### R\_GEN: Which gender do you most identify with?

<b>Response</b>	<b>Percentage</b>
Girl/Woman or Transgender Girl/Woman	55%
Boy/Man or Transgender Boy/Man	39%
Non-binary	4%
Other – Write in	2%

### R\_PRONOUN: Which pronouns do you most identify with?

<b>Response</b>	<b>Percentage</b>
She/Her/Hers	55%
He/Him/His	39%
They/Them/Theirs	4%
Other – Write in	2%

### R\_STATE: Where are you geographically located?

*Since many of the percentages for this question are less than 1%, they are rounded to the nearest tenth instead of the nearest whole number.*

<b>Response</b>	<b>Percentage</b>
Alabama	2.6%
Alaska	0.3%
Arizona	2.8%
Arkansas	1.1%
California	11.1%
Colorado	1.7%
Connecticut	0.9%
Delaware	0.5%
Florida	8.6%
Georgia	3.8%
Hawaii	0.4%
Idaho	0.5%
Illinois	3.7%
Indiana	2.1%
Iowa	0.8%

Kansas	1.0%
Kentucky	2.0%
Louisiana	1.7%
Maine	0.3%
Maryland	1.5%
Massachusetts	1.4%
Michigan	2.9%
Minnesota	1.1%
Mississippi	1.1%
Missouri	1.8%
Montana	0.2%
Nebraska	0.6%
Nevada	1.0%
New Hampshire	0.2%
New Jersey	2.4%
New Mexico	0.7%
New York	5.7%
North Carolina	3.1%
North Dakota	0.1%
Ohio	3.7%
Oklahoma	1.3%
Oregon	1.0%
Pennsylvania	3.8%
Rhode Island	0.2%
South Carolina	1.5%
South Dakota	0.1%
Tennessee	2.1%
Texas	9.0%
Utah	1.1%
Vermont	0.1%
Virginia	2.2%
Washington	1.6%
Washington, D.C.	0.2%
West Virginia	0.6%
Wisconsin	1.4%
Wyoming	0.2%

R\_RACE: Which race do you most identify with?

<b>Response</b>	<b>Percentage</b>
White	51%
Hispanic or Latino	22%
Black or African American	14%
American Indian or Alaska Native	1%
Asian	5%
Native Hawaiian or Pacific Islander	1%
Other - Write In (Required)	1%
Mixed Race or Multiracial	5%

R\_SEXUALITY: Which sexuality do you most identify with?

<b>Response</b>	<b>Percentage</b>
Heterosexual or Straight	72%
Gay or Lesbian	5%
Bisexual	14%
Pansexual	4%
Queer	2%
Questioning or unsure	2%
Asexual	2%
Other - Write in	1%

R\_SCHOOL: Are you currently in school?

Response	Percentage
Yes, middle school	5%
Yes, high school	37%
Yes, college (private)	6%
Yes, college (public)	11%
Yes, college (community)	6%
Yes, graduate school	5%
Yes, trade school	1%
No, I am not currently in school	29%

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[IF RESPONDED YES TO R\_SCHOOL]:

R\_RELIGSCHOOL: Are you attending a religiously affiliated school?

Response	Percentage
Yes	17%
No	83%

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R\_WORK: Do you currently work?

Response	Percentage
Yes, part time	30%
Yes, full time	20%
No, I do not currently work	49%

R\_INCOME: Compared with other households, would you say the income of the household you are in now is:

Response	Percentage
Far below average	9%
Below average	24%
Average	51%
Above average	13%
Far above average	3%

R\_BIRTHPLACE: Which of the following best describe where you were born?

Response	Percentage
I was born on U.S. territory	90%
I was born outside of U.S. territory	7%
I don't know / Prefer not to say	3%

R\_DISABILITY1: Do you have a physical, mental, or emotional condition that qualifies you as disabled under the Americans with Disabilities Act?

Response	Percentage
Yes	15%
No	73%
I don't know / Prefer not to say	11%

R\_DISABILITY2: Regardless of whether you qualify as disabled under the Americans with Disabilities Act, how significantly has one or more physical, mental, or emotional conditions impacted your life?

Response	Percentage
Not at all impacted	19%
Somewhat impacted	31%
Highly impacted	21%
Completely impacted	9%
I don't have any physical, mental, or emotional conditions that significantly impact my life	22%

## Springtide Core

FLOURISH: For this question, **flourishing** means to grow well, to succeed, and prosper. Other words associated with flourishing are "thrive" or "develop."

How much would you say you are **flourishing** in each of the following?

### *FLOURISH1: In my faith/religious/spiritual life*

<b>Response</b>	<b>Percentage</b>
Not flourishing	32%
Somewhat flourishing	51%
Flourishing a lot	17%

### *FLOURISH2: In general*

<b>Response</b>	<b>Percentage</b>
Not flourishing	20%
Somewhat flourishing	57%
Flourishing a lot	23%

R\_SOCIALUSE0: How often to you use social media?

<b>Response</b>	<b>Percentage</b>
0 hours a day	3%
1-2 hours a day	25%
3-4 hours a day	37%
5-6 hours a day	19%
More than 6 hours a day	16%

R\_SOCIALUSE: I personally use social media because...

[RESPONDENTS WERE ASKED TO CHECK ALL THAT APPLY]

*R\_SOCIALUSE1: It is an important part of my daily life*

<b>Response</b>	<b>Percentage</b>
Unchecked	69%
Checked	31%

*R\_SOCIALUSE2: It is a part of my identity*

<b>Response</b>	<b>Percentage</b>
Unchecked	83%
Checked	17%

*R\_SOCIALUSE3: It creates a sense of community*

<b>Response</b>	<b>Percentage</b>
Unchecked	65%
Checked	35%

*R\_SOCIALUSE4: It gives my life meaning*

<b>Response</b>	<b>Percentage</b>
Unchecked	85%
Checked	15%

*R\_SOCIALUSE5: It is a creative outlet*

<b>Response</b>	<b>Percentage</b>
Unchecked	58%
Checked	42%

*R\_SOCIALUSE6: It is where I form and maintain relationships*

<b>Response</b>	<b>Percentage</b>
Unchecked	70%
Checked	30%

*R\_SOCIALUSE7: I use it to gain knowledge*

<b>Response</b>	<b>Percentage</b>
Unchecked	52%
Checked	48%

*R\_SOCIALUSE8: I use it to share knowledge*

<b>Response</b>	<b>Percentage</b>
Unchecked	70%
Checked	30%

*R\_SOCIALUSE9: I find and purchase things that are relevant to me*

<b>Response</b>	<b>Percentage</b>
Unchecked	75%
Checked	25%

*R\_SOCIALUSE10: It helps me feel connected to something bigger than myself*

<b>Response</b>	<b>Percentage</b>
Unchecked	77%
Checked	23%

*R\_SOCIALUSE11: I use it to persuade others to join causes I am passionate about*

<b>Response</b>	<b>Percentage</b>
Unchecked	93%
Checked	7%

*R\_SOCIALUSE12: I like disconnecting from reality*

<b>Response</b>	<b>Percentage</b>
Unchecked	70%
Checked	30%

*R\_SOCIALUSE13: I use it to share important life events and accomplishments*

<b>Response</b>	<b>Percentage</b>
Unchecked	78%
Checked	22%

*R\_SOCIALUSE14: I use it to connect with my faith or spirituality*

<b>Response</b>	<b>Percentage</b>
Unchecked	91%
Checked	9%

*R\_SOCIALUSE15: None of the above*

<b>Response</b>	<b>Percentage</b>
Unchecked	100%
Checked	0%

R\_RELAFFIL: For this study, we're hoping to talk to people with different backgrounds, including people who identify with a religious faith and people who do not identify with a religious faith.

Which of the following options best describes you?

<b>Response</b>	<b>Percentage</b>
Protestant Christian	13%
Evangelical Christian	5%
Catholic (Roman)	16%
Christian Mormon or LDS (Church of Jesus Christ of Latter-Day Saints)	4%
Christian Orthodox (Greek, Russian, or some other Orthodox Church)	2%
Just Christian	19%
Jewish (Judaism)	2%
Muslim (Islam)	2%
Buddhist	1%
Hindu	< 1%
Wiccan or Pagan	3%
Atheist (do not believe in God)	6%
Agnostic (not sure if there is a God)	6%
Nothing in particular (I have no religion)	14%
Unitarian (Universalist)	< 1%
Two or more religions	2%
Something else - none of the categories above (Please specify):	6%

R\_JEWISH: Regardless of your religious affiliation, do you identify as Jewish in any of the following ways?

[RESPONDENTS WERE ASKED TO CHECK ALL THAT APPLY]

*R\_JEWISH1: Yes, Jewish from a cultural perspective*

<b>Response</b>	<b>Percentage</b>
Unchecked	97%
Checked	3%

*R\_JEWISH2: Yes, Jewish from a spiritual perspective*

<b>Response</b>	<b>Percentage</b>
Unchecked	97%
Checked	3%

*R\_JEWISH3: Yes, Jewish from an ethnic or family heritage perspective*

<b>Response</b>	<b>Percentage</b>
Unchecked	95%
Checked	5%

*R\_JEWISH4: Yes, Jewish from a religious perspective*

<b>Response</b>	<b>Percentage</b>
Unchecked	98%
Checked	2%

*R\_JEWISH5: Yes, Jewish in some other way*

<b>Response</b>	<b>Percentage</b>
Unchecked	99%
Checked	1%

R\_JEWISH6: No, I am not Jewish in any way

Response	Percentage
Unchecked	10%
Checked	90%

RELIG\_COMMUNITY: Which response best describes you?

Response	Percentage
I have NEVER participated in an organized religion or spiritual community	31%
I CURRENTLY participate in an organized religion or spiritual community	30%
I USED TO participate in an organized religion or spiritual community	39%

TRUST\_ORGS\_10: How much do you trust organized religion?

Response	Percentage
Do not trust at all	27%
Trust somewhat	45%
Trust a lot	19%
Trust completely	9%

R\_RELIGIOUS: To what extent do you consider yourself a religious person?

Response	Percentage
Not religious	32%
Slightly religious	32%
Moderately religious	25%
Very religious	10%

R\_SPIRITUAL: To what extent do you consider yourself a **spiritual** person?

Response	Percentage
Not spiritual	22%
Slightly spiritual	32%
Moderately spiritual	29%
Very spiritual	17%

RELIG\_ATTEND: Aside from weddings and funerals, how often do you attend religious services either in person or virtually (i.e., at a church, synagogue, mosque, temple, or any other place of worship)?

Response	Percentage
Never	38%
1-3 times a year	27%
Once a month	10%
2-3x a month	9%
Every week	13%
More than once a week	4%

RELIG\_GROWTH: Over the past two years have you become **more** religious/spiritual, **less** religious/spiritual, or have you stayed **about the same**?

Response	Percentage
More religious/spiritual	28%
Less religious/spiritual	32%
About the same	40%

RELIG\_BELIEF: Which statement comes closest to expressing what you believe about a higher power, whether it be God, gods, or some other divine source or universal energy?

Response	Percentage
I don't believe in a higher power	15%
I doubt a higher powers existence more than I believe	20%
I believe in a higher powers existence more than I doubt	36%
I know a higher power exists and I have no doubts about it	29%

RELIG\_CONNECT: To what extent do you feel connected to the following?

*RELIG\_CONNECT1: A higher power*

Response	Percentage
Not at all connected	24%
Slightly connected	30%
Moderately connected	28%
Highly connected	18%

*RELIG\_CONNECT2: All of humanity*

Response	Percentage
Not at all connected	17%
Slightly connected	40%
Moderately connected	31%
Highly connected	12%

*RELIG\_CONNECT3: The natural environment*

<b>Response</b>	<b>Percentage</b>
Not at all connected	10%
Slightly connected	32%
Moderately connected	36%
Highly connected	22%

RELIG\_ACTIVITY: While you may engage in the following everyday activities, how often do you engage these activities as religious or spiritual practices?

*RELIG\_ACTIVITY1: Prayer*

<b>Response</b>	<b>Percentage</b>
Daily	24%
Weekly	20%
Monthly	16%
Yearly	10%
Never	30%

*RELIG\_ACTIVITY2: Yoga, martial arts, or other physical activity*

<b>Response</b>	<b>Percentage</b>
Daily	18%
Weekly	25%
Monthly	17%
Yearly	7%
Never	33%

*RELIG\_ACTIVITY3: Meditation*

<b>Response</b>	<b>Percentage</b>
Daily	12%
Weekly	18%
Monthly	18%
Yearly	9%
Never	43%

*RELIG\_ACTIVITY4: Study of religious text*

<b>Response</b>	<b>Percentage</b>
Daily	10%
Weekly	17%
Monthly	15%
Yearly	12%
Never	46%

*RELIG\_ACTIVITY5: Tarot cards or fortune telling*

<b>Response</b>	<b>Percentage</b>
Daily	6%
Weekly	9%
Monthly	12%
Yearly	10%
Never	62%

*RELIG\_ACTIVITY6: Reading*

<b>Response</b>	<b>Percentage</b>
Daily	26%
Weekly	23%
Monthly	18%
Yearly	9%
Never	24%

*RELIG\_ACTIVITY7: Fasting*

<b>Response</b>	<b>Percentage</b>
Daily	6%
Weekly	9%
Monthly	13%
Yearly	12%
Never	59%

*RELIG\_ACTIVITY8: Avoiding technology*

<b>Response</b>	<b>Percentage</b>
Daily	5%
Weekly	9%
Monthly	11%
Yearly	8%
Never	67%

*RELIG\_ACTIVITY9: Attending a religious or spiritual service*

<b>Response</b>	<b>Percentage</b>
Daily	6%
Weekly	20%
Monthly	16%
Yearly	17%
Never	42%

*RELIG\_ACTIVITY10: Attending a religious or spiritual group gathering*

<b>Response</b>	<b>Percentage</b>
Daily	4%
Weekly	18%
Monthly	15%
Yearly	15%
Never	48%

*RELIG\_ACTIVITY11: Art (for example, singing, dancing, painting, listening to music, etc.)*

<b>Response</b>	<b>Percentage</b>
Daily	36%
Weekly	20%
Monthly	15%
Yearly	7%
Never	22%

*RELIG\_ACTIVITY12: Being in nature*

<b>Response</b>	<b>Percentage</b>
Daily	27%
Weekly	27%
Monthly	19%
Yearly	9%
Never	18%

*RELIG\_ACTIVITY13: Writing*

<b>Response</b>	<b>Percentage</b>
Daily	23%
Weekly	22%
Monthly	18%
Yearly	8%
Never	28%

*RELIG\_ACTIVITY14: Honoring or communicating with ancestors*

<b>Response</b>	<b>Percentage</b>
Daily	8%
Weekly	11%
Monthly	14%
Yearly	12%
Never	54%

*RELIG\_ACTIVITY15: Offerings or donations*

<b>Response</b>	<b>Percentage</b>
Daily	6%
Weekly	14%
Monthly	18%
Yearly	16%
Never	46%

*RELIG\_ACTIVITY16: Acts of service or volunteering*

<b>Response</b>	<b>Percentage</b>
Daily	8%
Weekly	15%
Monthly	22%
Yearly	18%
Never	38%

*RELIG\_ACTIVITY17: Acts of protest or political activism*

<b>Response</b>	<b>Percentage</b>
Daily	5%
Weekly	8%
Monthly	12%
Yearly	10%
Never	64%

*RELIG\_ACTIVITY18: Teaching or mentoring*

<b>Response</b>	<b>Percentage</b>
Daily	8%
Weekly	12%
Monthly	14%
Yearly	10%
Never	55%

*RELIG\_ACTIVITY19: Confession*

<b>Response</b>	<b>Percentage</b>
Daily	8%
Weekly	11%
Monthly	12%
Yearly	11%
Never	58%

*RELIG\_ACTIVITY20: Conversations about important questions*

<b>Response</b>	<b>Percentage</b>
Daily	17%
Weekly	23%
Monthly	19%
Yearly	10%
Never	30%

*RELIG\_ACTIVITY21: Herbs/Crystals*

<b>Response</b>	<b>Percentage</b>
Daily	10%
Weekly	10%
Monthly	13%
Yearly	8%
Never	59%

RELIG\_AGREE: Indicate your level of agreement with the following statements:

*RELIG\_AGREE1: There are parts of many religions that I agree with*

<b>Response</b>	<b>Percentage</b>
Strongly Disagree	12%
Disagree	20%
Agree	48%
Strongly Agree	19%

*RELIG\_AGREE2: I do not feel like I need to be connected to one specific religion*

<b>Response</b>	<b>Percentage</b>
Strongly Disagree	16%
Disagree	25%
Agree	35%
Strongly Agree	23%

*RELIG\_AGREE3: Spirituality and religious are connected, not separate or opposite*

<b>Response</b>	<b>Percentage</b>
Strongly Disagree	12%
Disagree	30%
Agree	44%
Strongly Agree	14%

DIVINE: Do you feel like there is a divine being (for example, God) that has a plan for your life?

<b>Response</b>	<b>Percentage</b>
Yes	49%
No	25%
Maybe	25%

### *Experiencing Sacred Moments*

SACRED\_MOMENT: When we say "sacred moment," we mean those things, places, or moments that feel special and set apart from others -- experiences that evoke a sense of wonder, awe, gratitude, deep truth, and/or interconnectedness in your life.

*SACRED\_MOMENT0: Have you ever experienced a sacred moment?*

<b>Response</b>	<b>Percentage</b>
Yes	55%
No	29%
Maybe	16%

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[IF RESPONDED YES OR MAYBE TO SACRED\_MOMENT0]

SACRED\_MOMENT: The following list includes things you may or may not have experienced during a sacred moment. To what degree would you say that the following statements are true about what you experienced during that sacred moment?

*SACRED\_MOMENT1: It felt unlike everyday life in a special way.*

<b>Response</b>	<b>Percentage</b>
Not at all true	14%
Somewhat true	57%
Very true	28%

*SACRED\_MOMENT2: I felt that I was in the presence of something larger than myself.*

<b>Response</b>	<b>Percentage</b>
Not at all true	19%
Somewhat true	44%
Very true	37%

*SACRED\_MOMENT3: I felt that I was in the presence of God.*

<b>Response</b>	<b>Percentage</b>
Not at all true	28%
Somewhat true	39%
Very true	33%

*SACRED\_MOMENT4: I felt connected to something that was really real.*

<b>Response</b>	<b>Percentage</b>
Not at all true	13%
Somewhat true	44%
Very true	43%

*SACRED\_MOMENT5: I felt that time had stopped.*

<b>Response</b>	<b>Percentage</b>
Not at all true	27%
Somewhat true	45%
Very true	28%

*SACRED\_MOMENT6: All distractions seemed to melt away.*

<b>Response</b>	<b>Percentage</b>
Not at all true	18%
Somewhat true	46%
Very true	36%

*SACRED\_MOMENT7: I felt deep gratitude.*

<b>Response</b>	<b>Percentage</b>
Not at all true	14%
Somewhat true	43%
Very true	44%

*SACRED\_MOMENT8: I felt a sense of awe.*

<b>Response</b>	<b>Percentage</b>
Not at all true	14%
Somewhat true	43%
Very true	43%

*SACRED\_MOMENT9: I felt a sense of inspiration.*

<b>Response</b>	<b>Percentage</b>
Not at all true	13%
Somewhat true	41%
Very true	46%

*SACRED\_MOMENT10: I felt a deep sense of peace and serenity.*

<b>Response</b>	<b>Percentage</b>
Not at all true	13%
Somewhat true	41%
Very true	46%

*SACRED\_MOMENT11: I felt humbled.*

<b>Response</b>	<b>Percentage</b>
Not at all true	15%
Somewhat true	43%
Very true	42%

*SACRED\_MOMENT12: I felt intensely curious.*

<b>Response</b>	<b>Percentage</b>
Not at all true	17%
Somewhat true	44%
Very true	39%

*SACRED\_MOMENT13: I felt blessed.*

<b>Response</b>	<b>Percentage</b>
Not at all true	17%
Somewhat true	36%
Very true	47%

*SACRED\_MOMENT14: I felt that I was a part of something infinite.*

<b>Response</b>	<b>Percentage</b>
Not at all true	21%
Somewhat true	42%
Very true	38%

*SACRED\_MOMENT15: I felt that existence was deeply meaningful.*

<b>Response</b>	<b>Percentage</b>
Not at all true	15%
Somewhat true	41%
Very true	44%

*SACRED\_MOMENT16: I felt intense feelings of loving-kindness.*

<b>Response</b>	<b>Percentage</b>
Not at all true	14%
Somewhat true	39%
Very true	46%

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### *Perceiving Sacredness in Life*

SACRED\_LIFE: The following list includes things you may or may not have experienced.

A number of items use the word 'God.' If this word is not an accurate one for you, please substitute another word that calls to mind the Divine for you. If you do not believe in God, please feel free to select "Not at all true" as necessary.

To what degree would you say that the following statements are true about experiences you have ever had?

*SACRED\_LIFE1: I see the sacred in all of life.*

<b>Response</b>	<b>Percentage</b>
Not at all true	30%
Somewhat true	51%
Very true	19%

*SACRED\_LIFE2: I feel reverence for all living things.*

<b>Response</b>	<b>Percentage</b>
Not at all true	23%
Somewhat true	51%
Very true	26%

*SACRED\_LIFE3: I experience life as a gift from God.*

<b>Response</b>	<b>Percentage</b>
Not at all true	31%
Somewhat true	35%
Very true	34%

*SACRED\_LIFE4: I see every person as a child of God.*

<b>Response</b>	<b>Percentage</b>
Not at all true	37%
Somewhat true	34%
Very true	29%

*SACRED\_LIFE5: I see every person, every leaf, every raindrop, all of creation as having a spiritual presence or energy.*

<b>Response</b>	<b>Percentage</b>
Not at all true	32%
Somewhat true	40%
Very true	28%

*SACRED\_LIFE6: God shows up in a variety of ways in my life.*

<b>Response</b>	<b>Percentage</b>
Not at all true	29%
Somewhat true	35%
Very true	36%

*SACRED\_LIFE7: In both tragic and joyful experiences, I feel that God is present in the world around me.*

<b>Response</b>	<b>Percentage</b>
Not at all true	32%
Somewhat true	35%
Very true	34%

*SACRED\_LIFE8: I experience something more sacred in life than simply our physical existence.*

<b>Response</b>	<b>Percentage</b>
Not at all true	29%
Somewhat true	42%
Very true	29%

*SACRED\_LIFE9: I see evidence of God in nature and creation.*

<b>Response</b>	<b>Percentage</b>
Not at all true	29%
Somewhat true	35%
Very true	36%

*SACRED\_LIFE10: I experience my purpose in life as a call from God.*

<b>Response</b>	<b>Percentage</b>
Not at all true	36%
Somewhat true	35%
Very true	28%

*SACRED\_LIFE11: I see my life as a sacred journey.*

<b>Response</b>	<b>Percentage</b>
Not at all true	31%
Somewhat true	41%
Very true	28%

SACRED\_PRES: We want to know more about when you've experienced the presence of the Divine.

We refer to the Divine as 'God,' but if this word is not an accurate one for you, please substitute another word that calls to mind the Divine for you. If you do not believe in God, please feel free to select "Never" as necessary.

How often do you sense God's presence...

*SACRED\_PRES1: ...in your relationships with friends.*

<b>Response</b>	<b>Percentage</b>
Never	33%
Sometimes	34%
Often	21%
Always	11%

*SACRED\_PRES2: ...in your relationships with family.*

<b>Response</b>	<b>Percentage</b>
Never	29%
Sometimes	29%
Often	25%
Always	16%

*SACRED\_PRES3: ...in your relationships with adults at school.*

<b>Response</b>	<b>Percentage</b>
Never	46%
Sometimes	28%
Often	17%
Always	10%

*SACRED\_PRES4: ...in your relationship with faith leaders.*

<b>Response</b>	<b>Percentage</b>
Never	37%
Sometimes	25%
Often	21%
Always	17%

*SACRED\_PRES5: ...when you are online.*

<b>Response</b>	<b>Percentage</b>
Never	47%
Sometimes	29%
Often	14%
Always	9%

*SACRED\_PRES6: ...when you've forgiven someone or someone has forgiven you.*

<b>Response</b>	<b>Percentage</b>
Never	31%
Sometimes	30%
Often	21%
Always	18%

*SACRED\_PRES7: ...when you are suffering.*

<b>Response</b>	<b>Percentage</b>
Never	30%
Sometimes	28%
Often	22%
Always	19%

*SACRED\_PRES8: ...when you are inspired.*

<b>Response</b>	<b>Percentage</b>
Never	30%
Sometimes	28%
Often	23%
Always	19%

*SACRED\_PRES9: ...when a loved one is dying or has passed away.*

<b>Response</b>	<b>Percentage</b>
Never	29%
Sometimes	26%
Often	22%
Always	23%

*SACRED\_PRES10: ...when you are going through a major life change.*

<b>Response</b>	<b>Percentage</b>
Never	29%
Sometimes	27%
Often	23%
Always	21%

*SACRED\_PRES11: ...when you are grounded in the present moment.*

<b>Response</b>	<b>Percentage</b>
Never	33%
Sometimes	29%
Often	20%
Always	17%

*SACRED\_PRES12: ...when you express love for or receive love from someone.*

<b>Response</b>	<b>Percentage</b>
Never	31%
Sometimes	28%
Often	22%
Always	19%

*SACRED\_PRES13: ...when you feel hopeful about the future.*

<b>Response</b>	<b>Percentage</b>
Never	29%
Sometimes	25%
Often	24%
Always	23%

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[IF RESPONDED YES OR MAYBE TO SACRED\_MOMENT0]

SACRED\_PLACE: When we say "sacred moment," we mean those things, places, or moments that feel special and set apart from others -- experiences that evoked a sense of wonder, awe, gratitude, deep truth, and/or interconnectedness in your life.

Have you ever experienced a sacred moment in any of the following locations ON MORE THAN ONE OCCASION?

*SACRED\_PLACE1: In nature*

<b>Response</b>	<b>Percentage</b>
Yes	69%
No	31%

*SACRED\_PLACE2: At school*

<b>Response</b>	<b>Percentage</b>
Yes	39%
No	61%

*SACRED\_PLACE3: At work*

<b>Response</b>	<b>Percentage</b>
Yes	33%
No	67%

*SACRED\_PLACE4: At a protest or other political demonstration*

<b>Response</b>	<b>Percentage</b>
Yes	24%
No	76%

*SACRED\_PLACE5: At a musical gathering or concerts*

<b>Response</b>	<b>Percentage</b>
Yes	43%
No	57%

*SACRED\_PLACE6: At a religious or spiritual retreats*

<b>Response</b>	<b>Percentage</b>
Yes	49%
No	51%

*SACRED\_PLACE7: In transit (e.g., in a car, train, plane, etc.) from one place to another*

<b>Response</b>	<b>Percentage</b>
Yes	49%
No	51%

*SACRED\_PLACE8: While visiting a new or foreign place*

<b>Response</b>	<b>Percentage</b>
Yes	45%
No	55%

*SACRED\_PLACE9: In the privacy of my home or room*

<b>Response</b>	<b>Percentage</b>
Yes	68%
No	32%

*SACRED\_PLACE10: While online*

<b>Response</b>	<b>Percentage</b>
Yes	36%
No	64%

*SACRED\_PLACE11: At a social gathering*

<b>Response</b>	<b>Percentage</b>
Yes	45%
No	55%

*SACRED\_PLACE12: A place of worship, such as a Church, Temple, Mosque, etc.*

<b>Response</b>	<b>Percentage</b>
Yes	55%
No	45%

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SACRED\_MUSIC1: Is music necessary for you to experience a sacred moment?

<b>Response</b>	<b>Percentage</b>
Yes, it's absolutely necessary	15%
Yes, it's very necessary	19%
No, it's only somewhat necessary	33%
No, it's not at all necessary	33%

SACRED\_MUSIC2: Have you ever experienced a sacred moment WITHOUT music involved?

<b>Response</b>	<b>Percentage</b>
Yes	59%
No	41%

## Outcomes & Covariates

LIFESAT1: Overall, how satisfied are you with life as a whole these days?

Response	Percentage
Not at all	13%
Somewhat	49%
Completely	11%
Very	27%

LIFESAT2: Overall, to what extent do you feel the things you do in your life are worthwhile?

Response	Percentage
Not at all	11%
Somewhat	44%
Completely	13%
Very	32%

BELONGING: Have you experienced any of the following things in the PAST TWO WEEKS?

*BELONGING1: My presence was acknowledged by at least one person.*

Response	Percentage
Yes	79%
No	21%

*BELONGING2: I felt fully seen and understood by at least one person.*

Response	Percentage
Yes	70%
No	30%

*BELONGING3: At least one person greeted me by my name or in some other personal way.*

<b>Response</b>	<b>Percentage</b>
Yes	81%
No	19%

*BELONGING4: Is there literally ANYWHERE where you feel like you belong (for example, a group of friends, at school, in a club, in an online community, etc.)?*

<b>Response</b>	<b>Percentage</b>
Yes	70%
No	30%

Please rate how true each of the following statements are to you.

*SOCIALRESPONSE1: It is important to me to contribute to society.*

<b>Response</b>	<b>Percentage</b>
Not at all true	14%
Somewhat true	44%
Very true	27%
Completely true	15%

*SOCIALRESPONSE2: It is important to me to help people in general.*

<b>Response</b>	<b>Percentage</b>
Not at all true	8%
Somewhat true	30%
Very true	37%
Completely true	25%

*RELIG\_UPBRING1: Religious faith is important in the life of the people who raised me.*

<b>Response</b>	<b>Percentage</b>
Not at all true	24%
Somewhat true	31%
Very true	24%
Completely true	21%

*RELIG\_UPBRING2: Regardless of what is important to me today, religion was an important aspect of how I was raised.*

<b>Response</b>	<b>Percentage</b>
Not at all true	25%
Somewhat true	30%
Very true	24%
Completely true	21%

*HUMILITY1: I am open to changing my important beliefs in the face of new information.*

<b>Response</b>	<b>Percentage</b>
Not at all true	21%
Somewhat true	37%
Very true	26%
Completely true	16%

*HUMILITY2: I don't take it personally when someone contradicts my most important beliefs.*

<b>Response</b>	<b>Percentage</b>
Not at all true	17%
Somewhat true	35%
Very true	28%
Completely true	20%

*EMPIRICISM: I rely on scientific evidence about most topics rather than other ways of knowing, such as intuition or faith.*

<b>Response</b>	<b>Percentage</b>
Not at all true	24%
Somewhat true	37%
Very true	23%
Completely true	16%

### *Virtual Community*

VIRTUALCOMM: Please rate how true each of the following statements are to you.

*VIRTUALCOMM1: I would consider joining a totally online spiritual community.*

<b>Response</b>	<b>Percentage</b>
Yes	28%
No	48%
Maybe	25%

*VIRTUALCOMM2: A totally online spiritual community could meet all my spiritual needs.*

<b>Response</b>	<b>Percentage</b>
Yes	21%
No	54%
Maybe	25%

*VIRTUALCOMM3: A totally online spiritual community is preferable to me over a totally in-person spiritual community.*

<b>Response</b>	<b>Percentage</b>
Yes	23%
No	55%
Maybe	23%

*VIRTUALCOMM4: I can show up as my authentic self in a totally online spiritual community, whereas I cannot show up as my authentic self in a totally in-person spiritual gathering.*

<b>Response</b>	<b>Percentage</b>
Yes	27%
No	50%
Maybe	22%

*VIRTUALCOMM5: I would consider purchasing a virtual reality headset/system if it were required in order to take part in a totally online spiritual community.*

<b>Response</b>	<b>Percentage</b>
Yes	23%
No	56%
Maybe	22%

VIRTUALINTEREST: Rate your level of interest in the following:

*VIRTUALINTEREST1: A totally in-person spiritual community.*

<b>Response</b>	<b>Percentage</b>
Not at all interested	34%
Somewhat interested	44%
Completely interested	22%

*VIRTUALINTEREST2: A totally online spiritual community through an app or site.*

<b>Response</b>	<b>Percentage</b>
Not at all interested	43%
Somewhat interested	42%
Completely interested	15%

*VIRTUALINTEREST3: A totally online spiritual community using a virtual reality headset/system.*

<b>Response</b>	<b>Percentage</b>
Not at all interested	51%
Somewhat interested	34%
Completely interested	16%

*VIRTUALINTEREST4: An in-person community that has online services when I need them.*

<b>Response</b>	<b>Percentage</b>
Not at all interested	35%
Somewhat interested	42%
Completely interested	23%

*VIRTUALINTEREST5: An online spiritual community that has in-person meetups from time to time.*

<b>Response</b>	<b>Percentage</b>
Not at all interested	41%
Somewhat interested	41%
Completely interested	19%

VIRTUALAPPEAL: Online/virtual religious or spiritual communities appeal to me because...

[RESPONDENTS WERE ASKED TO CHECK ALL THAT APPLY]

*VIRTUALAPPEAL1: I can be my authentic self online but not in person*

<b>Response</b>	<b>Percentage</b>
Unchecked	75%
Checked	25%

*VIRTUALAPPEAL2: Others are more authentic online than in person*

<b>Response</b>	<b>Percentage</b>
Unchecked	80%
Checked	20%

*VIRTUALAPPEAL3: Greater flexibility for my schedule*

<b>Response</b>	<b>Percentage</b>
Unchecked	60%
Checked	40%

*VIRTUALAPPEAL4: Getting spiritual support when I need it would be easier*

<b>Response</b>	<b>Percentage</b>
Unchecked	71%
Checked	29%

*VIRTUALAPPEAL5: There would be a greater diversity of members*

<b>Response</b>	<b>Percentage</b>
Unchecked	76%
Checked	24%

*VIRTUALAPPEAL6: It is more accessible to me because of one or more physical, mental, or emotional conditions I have*

<b>Response</b>	<b>Percentage</b>
Unchecked	79%
Checked	21%

*VIRTUALAPPEAL7: An online or virtual religious or spiritual community DOES NOT appeal to me*

<b>Response</b>	<b>Percentage</b>
Unchecked	71%
Checked	29%

*VIRTUALAPPEAL8: Other - Write in*

<b>Response</b>	<b>Percentage</b>
Unchecked	96%
Checked	4%